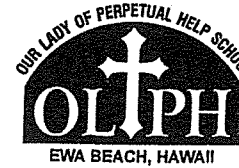


October 2009

Our Lady of Perpetual Help School
 91-1010 North Road, Ewa beach, Hawaii 96706
 Phone (808) 689-0474 + FAX (808) 689-4847



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S	M	T	W	T	F	S
"Blessed are the poor in spirit, for theirs is the kingdom of heaven."						
4 27th Sunday in Ordinary Time	5	6	7 8:15 am Mass Rosary 1:30 pm Dismissal F/S Meeting	8	9 Aloha Attire	10 ^{BVM}
11 28th Sunday in Ordinary Time Canonization of Blessed Damien de Veuster	12	13	14 8:15 am Mass Rosary 1:30 pm Dismissal F/S Meeting	15	16 Noon Dismissal F/S In-Service	17
18 29th Sunday in Ordinary Time	19	20	21 8:15 am Mass Rosary 1:30 Dismissal F/S Meeting	22	23 Picture Taking Day	24
25 30th Sunday in Ordinary Time	26 42nd Anniversary Celebration Meeting	27	28 8:15 am Mass Rosary Noon Dismissal	29 Noon Dismissal	30 6:30pm Awards Ceremony Distribution of Report Cards PTSA Meeting Noon Dismissal	31 Happy Halloween
November 1 All Saints' Day	November 2 All Souls' Day	November 3	November 4 8:15 am Mass 1:30 Dismissal F/S Meeting	November 5	November 6	November 7

"We, the faith community at Our Lady of Perpetual Help School and Church, in partnership with parents, and with Jesus as our Model, educate students to be active Catholics, responsive producers, holistic learners, and capable communicators."

September 22, 2009

Dear Parents, Guardians, Parishioners, and Friends of Our Lady of Perpetual Help School,

Greetings and may the peace and love of Christ be with all of you!

OLPH School's 41st Anniversary was celebrated on August 28th. Our celebration included a prayer service, train ride, ice pop treats, and a movie. It was a very blessed and memorable time for all of us. We are now in our 42nd Year ~ thank God for all the blessings and memories!

Grandparents are truly Gifts from God! **Grandparents' Day** here at Our Lady of Perpetual Help School was celebrated on September 16th with a Mass, picture taking, entertainment by our students, social time, and delicious refreshments. Thank you, Grandparents, we love you and pray for you!

Congratulations to all of our students, family members, faculty, staff, and friends, for participating in this year's **Nike5 for Kids Give 100% Program** on September 20th. It was fun being with hundreds of other runners and walkers.

We want to thank all those who are donating to Our Lady of Perpetual Help School in Foodland and Sack 'n Save's **"Give Aloha" Program**. May God reward you for your donations in our school's behalf. When shopping remember to enter OLPH School's code 77976.

ITBS (Iowa Tests of Basic Skills) and CogAT (Cognitive Abilities Test) will be from October 19-23, 2009. Please make sure that your child gets a good night's sleep, eats a healthy breakfast, and receives your usual encouragement that it is important to do his or her best.

Parent-Teacher-Student Conferences are scheduled for October 28th, 29th, and 30th. We look forward to sharing your child's progress for this first quarter period. The **Awards Ceremony, Report Card Distribution, P.T.S.A. Meeting, Grades 6-7-8 Entertainment, and Safe Environment Program** will be on Friday, October 30th at 6:30 p.m.

You are invited to enroll your child in our Fine Arts Programs: **Heiwa-Do Karate Gainen** for Grades K-4 and **Drama Fine Arts** for Grade 5-8.

We celebrate with jubilation on October 11, 2009, the Canonization of St. Damien deVeuster in Vatican City, Rome, Italy. The canonization will be televised here in Hawaii, so check you TV guides.

May God bless all of you and may St. Francis of Assisi inspire you to greater holiness!



Lovingly and prayerfully yours in Christ
 and in Our Lady of Perpetual Help,

Sister Davilyn
 Sister M. Davilyn Ah Chick, osf
 Principal

"Educating for Life!"



CATHOLIC SCHOOL LEAGUE

Our Lady of Perpetual Help School is a member of the Hawaii Catholic Schools League. "The Catholic School League believes in the extended education of our youth through a Christian-Oriented Sports Program. Held as a supporting structure of this program is the continued development of a conscious active Christian attitude of sportsman-like conduct on the part of our youth and all who are part of the development and extension of this League both on and off the field of play."

Our Lady of Perpetual Help School is in full swing with its Volleyball Season. Under the enthusiastic leadership of our Coach Ruel Reyes, Coach Joel Morales, & Coach John Kaaikala, our Girls Volleyball Team and our Co-Education Volleyball Team are spearheading for a great season.

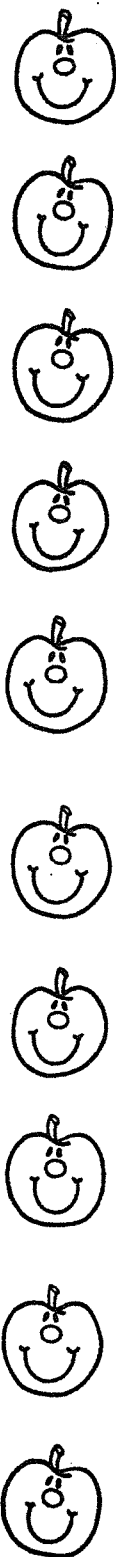
GIRLS VOLLEYBALL TEAM

Alexandria Apilando-Aguda,
Rebecca Carruthers, Tristyn Celestino,
Ashley Cobile, Kailie Delacruz,
Alyssa Domingo, Malia Ecube,
Megan Goodman, Kayana Hirokane,
Lexi Lee, Jessica Mateo,
Franchesca Ponce, Daisy Pulido,
Geraldynn Raymundo, Quiana Reyes,
Chelcie Sugioka, Christina Velazquez,
Jhanelle Vinluan

CO-EDUCATION VOLLEYBALL TEAM

Gabriel Alvarez, Kyle Bello,
Charis Curran, Nastassja Dinulong,
Auli'i Faurot, Tristan Florentin,
Brandon Galang, Joshua Gonzaga,
Mary Hart, Seth Kim, Sara Martell,
Austin Shelby, Ellery Vitug

GO TEAM GO



JUNIOR POLICE OFFICERS

We are grateful to our J.P.O.s for their services to Our Lady of Perpetual Help School Family. Under the wonderful guidance and direction of their J.P.O. Adviser, Mrs. Shirley Castro, our Junior Police Officers share their love, care, diligence, enthusiasm, and willingness to be of service. We also thank Honolulu Police Officer Kirk Uemura for his dedication, time, and services.



WE SALUTE OUR J.P.O.S

Gabriel Alvarez, Melissa Andres,
Kyle Bello, Rebecca Carruthers,
Tristyn Celestino, Ashley Cobile
Kailie Delacruz, Alyssa Domingo
Brandon Galang, Laura Garcia
Walter Gouveia, Jacob Gonzaga
Joshua Gonzaga, Lauren Jimenez
Sarah-Lyn Kaeo, Lexi Lee
Rosemarie Maltezo, Keala Mae Pomaikai
Daisy Pulido, Kelvin Rasmussen,
Shantel Ripani, Ariel Salvatierra,
Ikaika Smith, Chelcie Sugioka
Ellery Vitug
and

OUR FLAG HONOR GUARDS

Alexandria Apilando-Aguda, Auli'i Faurot,
Sara Martell, Jhanelle Vinluan

Our Junior Police Officers will direct fellow students to use the crosswalk safely and also remind them of safe pedestrian practices. They will control traffic by giving audible and visible warnings to motorists while students are about to use crosswalks in the area of our school. We are very appreciative to our J.P.O.s, too, for their non-traffic responsibilities such as opening car doors, sidewalk safety, and on-campus duties.
Mahalo nui loa!

HAPPY BIRTHDAY OCTOBER 2009

- 01 Maxine Nichols
- 02 Roy Naira
- 05 Miss Remedios Cabrera, Teacher
- 05 Jhanelle Vinluan
- 07 Miss Julia Torres, Church Staff
- 07 Austin Shelby
- 08 Charles Kaukeano
- 10 Dominique Elento
- 11 Denali Batalon
- 12 Gabriel Alvarez
- 13 Ryanne deGuzman
- 14 Elijah Castillo
- 16 Rebecca Carruthers
- 16 Lexi Lee
- 18 Mrs. Evangeline Dionisio, Administrative Assistant
- 19 Sarah-Lyn Kaeo
- 21 Curtis Colipano, Jr.
- 24 Tyler Morales
- 26 Titania Akiona
- 27 Peter Fortescue
- 29 Charis Curran
- 30 Mr. Edmund Arquette, Volunteer
- 31 Caleb Campbell
- 31 Kayana Hirokane



Happy Birthday to all of you! Your birthday anniversary will be celebrated with an Ice Cream Party on Wednesday, October 28th.

BEATITUDE FOR OCTOBER

POVERTY

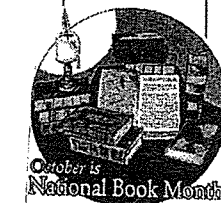
Physical vs. Spiritual

"Blessed are the poor in spirit, for theirs is the kingdom of heaven." Matthew 5:3

St. Therese of the Child Jesus (October 1) and St. Francis of Assisi (October 4) are two saints who lived this beatitude to the fullest. Two other individuals known for their efforts to bring about peace in the world through nonviolent actions are: Mohandas Gandhi (October 2) and Bishop Desmond Tutu (October 7).

We are also called to live out this beatitude by sharing what we have and letting go of what we do not need so as to create space for God to dwell in us forever.

WE are POOR IN SPIRIT in following Jesus!
WE are God's instruments of peace!



DOLPHINS OF THE MONTH SEPTEMBER 2009

O.L.P.H. Dolphins of the Month manifest the following qualities:

- > Christlike attitude
- > Cheerfulness & friendliness
- > Courteous to others
- > Diligence and responsibility
- > Good Citizenship
- > Good sportsmanship
- > Service – charitable deeds

Congratulations September Dolphins:

- K – Anthony Costa
- 1 – John Bega
- 2 – Roy Naira
- 3 – Rachel Costa
- 4 – Grace Transfiguracion
- 5 – Franchesca Ponce
- 6 – Seth Kim
- 7 – Zoe Sprott
- 8 – Ariel Salvatierra

The Month of October
is

Children & Youth Month
Eat Better, Eat Together Month
Halloween Safety Month
National Reading Group Month

We also celebrate:

- Oct. 1 St. Therese of the Child Jesus
- Oct. 2 Guardian Angels
- Oct. 4 Feast of St. Francis of Assisi
- Oct. 4-10 Fire Prevention Week
- Oct. 7 Our Lady of the Rosary
- Oct. 11 Canonization of Bl. Damien deVeuster
- Oct. 19-23 ITBS/CogAT Testing
- Oct. 30 Report Cards, Awards, PTSA Meeting

MARK YOUR CALENDARS

- Nov. 1 All Saints Day
- Nov. 2 All Souls Day
- Nov. 11 Veterans' Day
- Nov. 16 Distribution of "Grand Giveaway & Family Fair 2009" donation tickets
- Nov. 26 Thanksgiving Day

**BLESSED DAMIEN
DEVEUSTER, SS.CC.**



How blessed we are in Hawaii!

Bishop Clarence Larry Silva, Bishop of our Diocese of Honolulu, will be bringing a relic of Father Damien DeVeuster after Father Damien's canonization on October 11, 2009. A relic is a piece of bone of a saint that is venerated by Catholics. It is often customary for relics of newly names saints to process through places of importance in the saint's life and the live of the church.

Damien was first buried in 1889 in Kalaupapa, Molokai, Hawaii, where he served the Hansen's disease community until he died of the disease. In 1936, his body was exhumed and moved back to his native Louvain, Belgium. In 1995, when he wad declared Blessed, a relic was sent bact to the Hawaii to be re-interred in his original grave. Following the canonization, another relic will be given a permanent home at the Cathedral of Our Lady of Peace in Honolulu, where Father Damien was ordained in 1864.

Bishop Larry Silva hope that the relic will inspire people to grow in love with God and to serve the most needy among us with Father Damien's spirit of faith and love.

After the canonization, the relic will visit a number of mainland cities and will travel through Hawaii.

October 18 – 20	West Hawaii
October 21-23	East Hawaii
October 24-26	Maui
October 27	Lanai
October 28-29	Kauai
October 30	Molokai topside
October 31	Kalaupapa, Molokai
November 1	Cathedral of Our Lady of Peace, Honolulu
12 Noon	Mass
2:00 pm	Procession to Iolani Palace and back to Cathedral
November 2	West Honolulu
November 3	East Honolulu
November 5	Leeward Honolulu
November 6	Windward Oahu

Father Damien's relic will be accompanied by Bishop Silva or by a designated priest.

**FACULTY & STAFF
PROFESSIONAL
DEVELOPMENT DAY**

Our Lady of Perpetual Help School's Faculty and Staff joined a couple of hundred other educators from the Leeward Vicariate schools on September 21st for an uplifting blessed enrichment day. The day began with liturgy celebrated by **Father Johnathan Hurrell, SS.CC.**, followed with refreshments. **Carol Ignacio, Director of Social Ministry of the Diocese of Honolulu**, was the keynote speaker. She shared a wealth of materials on Social Justice. It was wonderful to expand our wisdom on the Church's Social Teaching and our role in the live of the Universal Church.

"The Church's social teaching is a rich treasure of wisdom about building a just society and living lives of holiness amidst the challenges of modern society. Modern Catholic social teaching has been articulated through a tradition of papal, conciliar, and episcopal documents. The depth and richness of this tradition can be understood best through a direct reading of these documents."

The key themes at the heart of our Catholic social tradition are:

- 1) **Life & Dignity of the Human Person**
- 2) **Call to Family, Community, & Participation**
- 3) **Rights & Responsibilities**
- 4) **Option for the Poor & Vulnerable**
- 5) **The Dignity of Work & the Rights of Workers**
- 6) **Solidarity**
- 7) **Stewardship: Care for God's Creation**

For a copy of the complete tests and other social teaching documents, you may call 800-235-8722.

**OUR LADY OF PERPETUAL HELP
SCHOOL
FINE ARTS PROGRAMS**

Our Lady of Perpetual Help School continues to provide the best quality Catholic education to its students and families. During the past few years, the curriculum was assertively updated and to include its technology/computer, music, and foreign language/Spanish programs.

Our school's **Fine Arts Programs** will consist of **Drama Fine Arts** and **Heiwa-Do Karate Gainen**.

Drama Fine Arts Classes will be for students in Grades 5-8 held on Mondays from 3:00-4:30 p.m. **Mr. Tim Mattos** will be the teacher again. The first class will be on Monday, October 19, 2009.

Heiwa-Do Karate Gainen Classes will be students in Grades K-4 held on Wednesdays from 1:45 – 2:40 p.m. Again, **Sensei Radsforde Celestino** is the instructor. The first class will be on Wednesday, October 21, 2009.

Forms are enclosed in this newsletter. There is a registration fee of \$50.00. Registration is on a first-come-first-serve basis.

We are deeply grateful to both Mr. Tim Mattos and Sensei Radsforde Celestino for their graciousness in sharing their God-given talents and for their willingness to be of service, especially to our students and their families, and to our faculty and staff.

**MAHALO NUI LOA,
MR. MATTOS & SENSEI RABBIT!**



FIRE SAFETY CHECK LIST

Install smoke detectors on every level of your home and near each bedroom. Test them each month. Replace the batteries twice a year.

Buy fire extinguishers and place them in the vicinity of the kitchen, garage, laundry room, and fireplace.

Keep matches and lighters hidden and out of children's reach, and teach children not to play with them.

Post emergency numbers near each phone.

Show your children how to dial the correct emergency number for your area.

Teach children to stay away from hot things on the kitchen stove or outside grill. Turn pot handles inward.

Replace frayed, cracked, or broken electrical cords.

Do not overload outlets. Use ground-fault circuit-interrupters in outlets near sink areas and outdoors.

Unplug small appliances when not in use.

Have a fire escape plan for your home. Make sure everyone knows two ways out of every room. Designate a place outside where everyone can meet in case of a fire. Practice this plan often.

Make sure all exits from rooms are clear of obstructions.

If you smoke, use non-tipping ashtrays—never smoke in bed. Careless smoking is the leading cause of fire deaths.



HALLOWEEN SAFETY TIPS

- Go Trick-or-Treating with an adult.
- Visit only people you know.
- Make sure your costume lets you see and hear perfectly. You need to be able to watch and listen for cars.
- Make sure your costume fits. It is easy to trip on costumes that are too long or shoes that are too big.
- Wear brightly-colored clothing. Put
- "glow-in-the-dark" patches or strips on your costume so drivers can see you.
- Carry a flashlight.
- Do not eat treats until you show them to your parents or a trusted adult.